MANNINGHAM The community that matters FEBRUARY 2024

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🛪 manningham.vic.gov.au



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Manningham Council acknowledges the Wurundjeri Woi-wurrung people as the Traditional Owners of the land and waterways now known as Manningham.

Council pays respect to Elders past, present and emerging, and values the ongoing contribution to enrich and appreciate the cultural heritage of Manningham.

Council acknowledges and respects Australia's First Peoples as Traditional Owners of lands and waterways across Country, and encourages reconciliation between all.

Manningham Council also values the contribution made to Manningham over the years by people of diverse backgrounds and cultures.



COVER IMAGE: Nate channelling his inner ninja at Ruffey Lake Park.

MESSAGE FROM OUR MAYOR



Welcome back to our first issue of *Manningham Matters* for 2024. I hope you had some time to relax over the holidays and wish you all a safe and happy New Year. As we look ahead, there is plenty happening at Manningham over the next few months.

On Sunday 3 March, Clean Up Australia Day is back. Come along as we roll up our sleeves to keep our city clean at Warrandyte River Reserve in Warrandyte. You'll be provided with gloves and litter collection gear. Make sure you stay for the barbecue lunch we'll be providing afterwards. You can find out more on page 3.

On Thursday 7 March, our International Women's Day event will return. Award-winning sports journalist and former Chief Football Writer, Caroline Wilson will be headlining this year, sharing her captivating stories during an inspiring breakfast session.

We'd love to see local businesses, community groups and residents of all genders from all over Manningham join us to be part of this day. We can all play a part in ensuring women and girls are given equal opportunities to build their capabilities and strengthen their capacity to learn, earn and lead.

You don't have to be a woman to support women and become an ally. Find everything you need to know on page 3. For those of you who own cats, our two year cat confinement trial will be coming into play from Monday 1 April. To help protect the welfare of cats and wildlife, we'll be requiring pet owners to confine their cats within the boundaries of their properties throughout the day and night.

This decision came following feedback we received during the consultation for Manningham's Domestic Animal Management Plan in 2022. The order will help address reports of nuisance cats and reduce the environmental impacts of cats in parks and reserves. It will also promote the health of cats by reducing the transmission of disease and incidents of injury.

We'll share more in the next issue of Manningham Matters but for now, you can learn more by visiting our website manningham.vic.gov.au/ cat-confinement

Cr Carli Lange

Mayor

Help shape Manningham Matters

Did you know *Manningham Matters* goes out to more than 56,000 households and businesses across Manningham? That we also have a monthly eNews to keep you in the loop on all things Manningham?

Manningham Matters is our community magazine and features a mix of Council information and community news. We currently produce six issues a year and distribute to all households and businesses in Manningham.

We're looking to improve how we communicate with our community and want to hear from you. Later this year, we'll be looking at how we can make sure *Manningham Matters* best serves you and what you want to see more of or less of going forward.

If you want to get involved, register your interest at

manningham.vic.gov.au/help-shape-manningham-matters

Count Her In this International Women's Day

Award-winning sports journalist and former Chief Football Writer for *The Age*, Caroline Wilson will headline our International Women's Day (IWD) event this year.

She'll be sharing her captivating stories with the local community and businesses during an inspiring breakfast session.

"We're lucky to have someone with Caroline's breadth of experience and knowledge coming to share with us all" said Manningham Mayor Cr Carli Lange.

"I'm fascinated by the many remarkable things she has achieved, especially as a woman in such a male dominated field. I look forward to hearing about changes she must have seen during her expansive career."

"I hope people from across Manningham, of all genders, can join us to be part of this day - we can all play a part in ensuring women and girls are given equal opportunities to build their capabilities and strengthen their capacity to learn, earn and lead. You don't have to be a woman to support women and become an ally."

Join this global celebration of women's achievements and raise awareness for women's equality this International Women's Day (IWD).

Women's economic empowerment is central to a gender equal world, and this year's theme *Count Her In* will 'examine the pathways to greater economic inclusion for women and girls everywhere' – UN Women Australia.

We encourage local businesses, community groups and residents to take part in this special event.



Network with like-minded people and hear from our panel of inspiring special guest speakers, including:

CAROLINE WILSON (pictured)

Award winning sports journalist and former Chief Football Writer for *The Age* since 1999, Caroline appears on 3AW's pre-match AFL discussion and as a panelist on Channel Nine's *Footy Classified*. Caroline brings us her expertise as Australia's first woman to cover Australian Rules Football.

SHANE DUNNE

A well-respected leader, Shane is the Chief Executive Officer of Aligned Leisure and the General Manager of Aligned Leisure and Education at Richmond Football Club. Shane has more than 20 years of experience in successfully heading up diverse groups and is a strong advocate for women in leadership.

COURTNEY JONES

Courtney Jones, player for the AFL Richmond Tigers will also join the panel to discuss the challenges she has faced and overcoming obstacles in the sporting industry.

Thursday 7 March, 7.30am to 9.30am International Women's Day Breakfast

- Manningham Function Centre 699 Doncaster Road, Doncaster
- \$ \$20 per person. Group booking discounts apply.
- 🔗 manningham.vic.gov.au/iwd

Wellbeing Support Card

The new year often inspires us to plan for positive times ahead.

Sometimes, the need to make change becomes more obvious during the holiday season when cost of living, relationship and family pressures tend to build.

There are many local services available to provide advice and support. You can access these via our Wellbeing Support Card.

The card is available from Council, libraries and many other sites across Manningham or visit

manningham.vic.gov.au/find-support





Our Community Grant Program is now open

We're helping not-for-profit groups and organisations to deliver programs and activities to our community through our Community Grant program.

Supporting our community through grants aligns with the goals in our *Council Plan* and *Health and Wellbeing Strategy*. This helps to build a healthy, safe, resilient, connected and inclusive community.

This year we are looking for programs in the following priority areas:

- youth mental health
- climate change adaption
- reconciliation
- prevention of family violence
- legal services to support at risk residents
- improved social and emotional wellbeing
- increased active living
- increased connection to and engagement in community life
- · access to healthy eating
- reduced injury and harm.

ANNUAL GRANTS

We have three types of annual grants available: Community Development, Arts, and Festival and Events.

Applications are currently open and will close Tuesday 12 March.

Funding: \$3,001 to \$20,000

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Community Development Grants

Respond to the needs of our diverse communities by bringing them together and strengthening relationships.

Arts Grants

Support activities that provide opportunities to take part in arts, culture and heritage.



Festival and Events Grants

Support community-led festivals and events that attract visitors to key Manningham locations.

INFORMATION SESSIONS

To find out more or to learn how to write an application, come along to our free session:

Community Grant Information Session

Monday 19 February, 6.00pm to 7.00pm

Booking is essential

manningham.vic.gov.au/community-grant-program

SMALL GRANTS

We also offer Small Grants to support one off, innovative activities and minor equipment purchases that support community strengthening initiatives.

Applications are open all year and are assessed quarterly.

There are two different types of small grants:

Stream 1: Community Strengthening

Funding: up to \$3,000

Supports initiatives that bring local communities together and create a better life for Manningham residents.

Stream 2: Equipment Purchase

Funding: up to \$1,500

Supports equipment purchases that help create a better life for Manningham residents. Funding is available for up to 50 per cent of total equipment costs to a maximum of \$1,500.

For more information on our Community Grant Program, visit

manningham.vic.gov.au/ community-grant-program

Working to ensure a smoother drive through Manningham

You're driving along, listening to your favourite podcast, only for your serenity to be interrupted when you suddenly need to dodge a pothole.

We've all been there, so here's what we're doing to ensure you have a smoother drive through Manningham.

THE POTHOLE PROBLEM

Potholes are more common on busier roads. Continuous traffic can cause ruts and cracks that allow rainwater to seep through under the surface. From there, it can weaken and erode the road base, eventually causing it to break up and form a hole in the road.

SMOOTHING THINGS OUT

We use specialised asphalt mixes to fill in potholes. This mix expands, sealing the road's cracks and preventing any more water seepage. Although this solution is sometimes only a short-term fix, it acts quickly and effectively, restoring our roads to good condition in no time.

THE PUZZLE OF PRIORITISATION

We can receive dozens of pothole reports each week. The Department of Transport and Planning (VicRoads) manages most of the major roads in Manningham, so we forward any requests related to those roads to them. As for the roads we manage, we prioritise each request based on the type of road and the size and depth of the pothole. Generally, potholes on busier roads are given priority over the ones on quieter, local roads.

We're always on the lookout for new potholes and do our best to fill them as soon as possible. If a pesky pothole interrupts your journey, let us know

manningham.vic.gov.au/contact-us

Find out about works in your local area

Did you know you can find out about playspace, footpath and drainage upgrades in your area on our website?

Scan the QR codes to check out our latest projects.



Parks Improvement Program



Footpath maintenance and construction



Drainage projects design and construction



Your quick guide for nature strips

Are you across what you can and can't do with your nature strip? The *Manningham Nature Strip Guide* has been updated and it's important you understand the changes.

DO:

- Mow your nature strip and keep it tidy
- Plant low growing grasses and shrubs for biodiversity
- ✓ Request a tree to be planted
- ✓ Water your nature strip tree
- ✓ Read the Nature Strip Guide!

DON'T:

- X Landscape with rocks, pebbles or hard surfaces
- X Let it get untidy or overgrown
- × Plant weed species like Agapanthus
- X Alter for car parking
- × Plant a tree
- manningham.vic.gov.au/ tree-management



That's a wrap for *A Day* with Your Faves

We loved seeing your favourite places to visit with your favourite people (and pets) - thanks for sharing these gems with us!

You've shared where you like to shop, eat and play in Manningham as part of our *Find Your Local - A Day with Your Faves* competition on Instagram and through our website.

The competition has now closed and three lucky winners have each scored a \$500 Find Your Local EFTPOS gift card. You can see the winners announcement on the

@findyourlocalmanningham Instagram page.

Stay tuned to see our final ultimate day out in Manningham reel.

Make sure you keep following **@findyourlocalmanningham** to discover the many unique products, services, food experiences and outdoor adventures that are all here in Manningham.

manningham.vic.gov.au/ find-your-local

Did you know?

Templestowe Memorial Hall, one of the community venues available for hire in Manningham, was built in 1922 – making it over 100 years old!

Built by local builder, E.P. Sheahan, the building incorporates structural elements from the former Templestowe Mechanics Hall built in 1882.

The hall is located on Anderson Street, Templestowe, next to the Templestowe Leisure Centre and Templestowe RSL. Both the hall and surrounding area honour locals who enlisted in the First World War. The historic example of an inter-war public building also highlights the important role Mechanics Institutes played in the 19th century.

Inside, a range of charity groups, drama organisations, martial arts clubs, dance schools and religious groups can often be found using the two main multi-purposes spaces and elevated stage area.

Find out more about hiring Templestowe Memorial Hall for your next occasion:

9840 9458

venues@manningham.vic.gov.au



PLAYING LIKE A GIRL 涛

For Warrandyte local Ava, the Play Like a Girl (PLAG) leadership program gave her the confidence to be playful, expressive and vibrant.

The five week program empowers participants to see playing like a girl as a strength, not a derogatory sledge.

Developed by Victorian athlete Holly Bailey, Play Like a Girl is an Australian first program guiding the personal and professional journey of young females. Through a sports lens, it focuses on teaching girls how to prepare well off-field so they can play to their full potential when it counts.

Why did you apply for the program?

Growing up crazy about netball, I applied for the Play Like a Girl leadership program because I am passionate about sport. From a young age I always had a ball or a racket in my hand, whether that was participating in Hoop Time, Auskick, or playing indoor soccer with my mates.

My dream is to become an accomplished netballer and I will do anything to achieve my dream. I did some research about the program, and it sounded amazing. I saw how passionate women are about sport and about all the incredible opportunities it offered. I thought that the program was a perfect fit for me and would teach me all the skills and knowledge I need to pursue my dream.

What have you learnt from the program?

I have gained so much out of this program, PLAG has equipped me with so many skills:

- channelling my inner self critic
- creating positive mindsets
- setting and achieving my goals and visions
- understanding leadership levels
- backing myself and how I can go about empowering other young girls.

It taught me I can do anything!

Why is the PLAG program important to you?

This program is so important to me because I have seen firsthand how much it can teach and empower women in sport.

It has provided me with so much inspiration to keep aiming high and striving in my sporting life.

Would you recommend the program to other women and girls in sport?

Absolutely! I have been telling so many of my friends about it. It is the most beneficial program I have ever participated in. The women there are incredible and I have learnt so many important life lessons that will help me excel in my sporting life and in my school life.

Council funds a number of places in this amazing program.

Don't miss this game-changing opportunity. Apply now for a fully funded place

playlikeagirlaustralia.com/ scholarship





A new mural to celebrate Warrandyte

A vibrant new mural by artist Angharad Neal-Williams is now complete at Warrandyte Community Centre.

The mural captures Warrandyte's diverse natural environment and was influenced by workshops held with the community last winter.

A big thank you to Angharad and all the participants who engaged with the project - pop past and check it out.

LEFT: Artist Angharad Neal-Williams painting the Warrandyte Community Centre. Photo Credit: Charlie Kinross.

Supporting older adults in our community to live well

Are you a Manningham resident aged 65 years or older? Are you caring for someone in this age group? We're here to support you through this stage of life.

Our friendly Healthy Ageing team can connect you to services and activities to help you with daily life and keep you active and healthy.

Get in touch with the team from 8.00am to 5.00pm (Monday to Friday) on **9840 9230**.

HELP TO UNDERSTAND AGED CARE SERVICES

I don't understand how the Commonwealth Government funded aged care system works – can someone help me?

> I need to be assessed for My Aged Care – where do I start?

I think I may need to go into residential aged care but I don't know where to start – can you help?

Our team can:



explain the Commonwealth Government funded aged care system (known as My Aged Care) in a way that is easy for you to understand



guide you through how to access the My Aged Care system



help you get assessed



point you in the direction of services providers in your area that suit your unique needs.



I want to stay in my home as long as I can, but I need help with my shopping or other services like showering.

Are you finding things harder to manage and feel like you may need extra support at home? We can help you get assessed and then connect you with the services you need.

I need help getting to the shops or appointments.

We can connect you to a community transport service that can help you get to the shops or other destinations. We can help you get assessed and then advise you on the best options based on what you need.

I need to start getting meals delivered – how can I do this?

We can help you get assessed and then connect you with a Meals on Wheels provider that will deliver fresh and healthy meals right to your door. You can talk with us about any special dietary, cultural or health needs you may have.



KEEPING SOCIALLY CONNECTED AND ACTIVE

I'd like to be connected to a local group like Probus or a Seniors Club.

Manningham has some wonderful community groups that can help you connect with others, make friends and improve your wellbeing. We can help link you with a group that suits your interests and location.

I want to find social activities and events for people my age.

There are lots of things happening in Manningham and we'd love to encourage you to get involved. Our team can help connect you to something suitable.

I want to stay fit and healthy – what activities can I find near me?

Manningham has a range of options for keeping fit and active and exercise classes that are designed for older adults. Give us a call and we can connect you with what's happening in your area.

SUPPORT FOR CARERS

I care for an older person – how can I find support?

It can be challenging being a carer and often it's helpful to find support from others who understand. We can help to connect you with carer's groups and other support.

My mum or dad needs to be assessed for aged care – where do I start?

I'm noticing changes in an older parent I care for. How can I find support for them?

We understand many in our community care for their parents and need to find them support. Our team can help to connect you with information so you know your next steps.





CONNECT WITH US

Call our friendly team on **9840 9230** from 8.00am to 5.00pm (Monday to Friday).

Email us at

healthyageing@manningham.vic.gov.au

You can also find out more at

manningham.vic.gov.au/healthy-ageing

Memory Place Café

Manningham's first dementia-friendly café 'Memory Place' has now opened at MannaCare in Doncaster.

Based on the Dementia Australia model, this café offers a relaxed, safe and welcoming spot for locals living with dementia, as well as their families and carers. It's designed to create a sense of connection and community and help reduce the impact of social isolation and sigma that can come with a dementia diagnosis.

The café will open every second Thursday of each month between 10.00am to 12.00pm.

This project is supported by Manningham Council.

- Memory Place Café, MannaCare's Cassia House 371 Manningham Road Doncaster
- 9856 1224
- manningham.vic.gov.au/memory-place



Solar Savers – great bulk buy, early bird offer

Discounts are now available for Manningham homeowners through the Solar Savers program.

You can install high quality, affordable rooftop solar and batteries with Council subsidies of:

- up to \$2,000 per household for battery systems*
- up to \$2,000 for solar systems (for pension card holders)*
- a \$500 Solar Savers discount per household*

For more information visit:

manningham.vic.gov.au/solar-subsidies

*Terms and conditions apply.

Are you still prepared for bushfires?

Summer may be coming to an end, but that doesn't mean the bushfire season is over. Protect your health and safety by staying ready for bushfires.

Make sure you:

- Understand the Fire Danger Ratings, check the forecast each day and know your trigger to act.
- Have prepared your emergency plan and have a backup plan.
- Discuss your emergency plans with your neighbours and friends and talk about how you can support each other.
- Continue to maintain your property to reduce the risk bushfires pose to your home.

For more information

- 9840 9333
- manningham.vic.gov.au/emergency



Waste Drop Off Day

Saturday 2 March, 8.00am to 4.00pm

We will be hosting a free 'Waste Drop Off Day' where residents can responsibly dispose of a range of materials that cannot be placed into household bins. All items collected on the day will be recycled.

Only the following items are accepted:

- ✓ small e-waste
- ✓ IT and TV equipment
- computer accessories
- game consoles and electronic toys
- ✓ DVD and CDs (no VHS tapes)
- ✓ X-rays
- clean polystyrene blocks only (no pellets or balls)
- ✓ smoke alarms
- ✓ fluorescent tubes and CFL globes
- paint tins and spray cans (10 litres maximum)
- ✓ gas bottles
- ✓ household and car batteries
- flattened cardboard (limited to one car boot load per person).

Limits apply and registrations are essential.

manningham.vic.gov.au/ waste-drop-off-day

IN BRIEF

WHAT'S MYTIME? Fridays, 9.30am to 11.30am

There's a new support group in Warrandyte for parents and unpaid carers of children (under 18) with disability, chronic medical condition or other additional needs including developmental delay.

It's free and a great opportunity to connect with others who 'get it'. Children don't require a diagnosis for their parent/carer to attend.

You'll be able to access quality information and resources as well as hear from guest speakers. Sessions are relaxed and flexible. Other children under school age are welcome too, there's a fantastic indoor and outdoor play space on site.

An experienced play leader runs an engaging program for children so adults can have a break. This is flexible and adjusted to suit the needs of the children on the day.

- Warrandyte Community Church, 57 Yarra Street Warrandyte
- **\$** Free

🔇 Sue on 0413 655 659

suzanneb@mytimevic.com.au

COMMUNITY SATISFACTION SURVEY

You may receive a call about our Community Satisfaction Survey.

This survey helps assess our performance to identify ways we can improve. National Field Services is the authorised, independent marketing agency conducting the survey.

The survey is NOT a scam and your details and individual responses are confidential - only overall results are shared with us.

We appreciate you taking the time to share your feedback, for questions call us on





Exercise your way at Ruffey Lake Park

Ninjas young and old are coming from all over Manningham and beyond to leap around the new Ninja Warrior course at Ruffey Lake Park.

With 12 different obstacles to tackle, the course is the most challenging exercise station installed around the park. It's recommended for those aged 12 years old and over, but younger kids can give the obstacles a go with supervision. Feeling competitive? You can even time yourself and compare against others who have taken part!

If taking some time in nature to slow down is more your speed then the new yoga deck overlooking the lake and treetops is the perfect place to stretch and unwind. The deck faces directly east so it greets the sunrise in the morning, providing a perfect place for meditation. The large flat space can be used for dancing, relaxing or sitting enjoying a picnic.

The ninja course and yoga deck were created in response to your feedback on the *Ruffey Lake Park Landscape Masterplan 2021*. We heard you wanted new exercise opportunities and ways to stay active in such a beautiful open space.

There's also a new barbecue, drinking fountain and seating spaces so you can relax and unwind with family and friends this summer.

"My kids (10 and 12 years old) are loving the new ninja course at Ruffey Lake Park. We visit there at least a couple of times a week! It's excellent for their fitness and they are constantly trying to improve their time, in an ageappropriate play space. The new meditation deck, barbecue area and tables under the established trees are a triumph. The whole area is one of the best vistas in Manningham - thanks planning team and designers!"

🖉 manningham.vic.gov.au/parks/ruffey-lake-park



Third Tuesday of each month, 9.15am



Retired or semi-retired and looking to make new friends?

Come along on the third Tuesday of each month to Donvale Central Probus Club.

There are monthly meetings with guest speakers and optional pub lunches. The club also runs day outings, morning coffees, happy hours, theatre visits, movies, trivia, tenpin bowling, BBQs and annual getaways.

- East Doncaster Baptist Church Hall, 47-53 Tunstall Road Donvale
- 🔇 Ros on 0499 998 622

donvalecentralprobus.com

Saturday 24 and Sunday 25 February, 10.00am to 5.00pm Pottery Expo

at Warrandyte This annual expo features work from

more than 90 potters and includes artist talks, kids clay activities, live music and plenty of food and drinks. Supported by Manningham Council, Warrandyte Community Bank, Northcote Pottery Supplies and Warrandyte Lions Club.

- Warrandyte Riverside
 189 Yarra Street, Warrandyte
- potteryexpo.com

Sunday 25 February 8.00am to 1.00pm **Tunstall Square Market**

With up to 100 stalls selling an eclectic mix of items from plants to clothing and crafts.

- Tunstall Square Shopping Centre, corner Doncaster and Tunstall roads, Doncaster East
- \$ Free
- warrandytedonvalerotary.org. au/Tunstall

Saturday 2 March 8.00am to 1.00pm Warrandyte Riverside Market

With over 70 stallholders, discover handmade wares and produce, enjoy local buskers and have a family day out in beautiful surrounds.

- Stiggants Reserve, Yarra Street Warrandyte
- **\$** Free

Sunday 3 March

warrandyteriversidemarket.com.au



10.30am to 1.00pm Clean Up Australia Day

Come along to keep our city clean. Everyone who takes part will be issued with litter collection gear, and a barbecue lunch will be provided.

- Warrandyte River Reserve
 Warrandyte, meet at Stiggants
 Reserve carpark
- **\$** Free, bookings essential
- manningham.vic.gov.au/ clean-australia-day



LEFT: Minna Graham, *Wildwood*, 2023, glazed stoneware bowls on stoneware plinth. Photographed by the artist. ABOVE: Join Clean Up Australia Day at Warrandyte.

Saturday 16 March 10.00am to 2.00pm Park Orchards Market



Find fresh produce direct from the Yarra Valley, exquisite crafts and quality urban wares.

- Park Orchards Primary School, corner Bowmore Avenue and Park Road, Park Orchards
- **\$** Gold coin at entry
- parkorchardsmarket.com

Sunday 24 March 9.00am to 5.00pm Manningham Family Festival

Come join in the fun at the everpopular Manningham Family Festival brought to you by Rotary Manningham City (previously Rotary Club Templestowe). There will be pony and camel rides, a jumping castle, baby animal farm and more. Enjoy performances from local entertainers, as well as community and craft stalls, and a wide selection of food.

- Finns Reserve, Templestowe Road Templestowe Lower
- **&** Keith on 0412 558 066

festival@rotarymanninghamcity. au





LEFT: Join in the fun at Manningham Family Festival. ABOVE[,] Raise awareness for mental health at Finns Reserve RIGHT: Hear from Sarah Wilson at our Inspired Living Series.







ARTS & CULTURE 🎌 COMMUNITY 💀 WELLBEING 👬 BUSINESS

Sunday 24 March 10.00am to 12.00noon Walk for Youth **Mental Health**



Help raise awareness about the importance of talking about mental health. This is an inclusive event with pets on leads welcome too. A joint project of Rotary Manningham City, the Mental Health Foundation of Australia and Manningham Council.

- Finns Reserve, Templestowe Road Templestowe Lower
- \$ Free
- Keith on 0412 558 066
- keith.an@bigpond.com

Friday 19 April to Saturday 27 April, various times **Cruel Intentions:** The Musical

A mesmerizing stage adaptation of the 1999 cult film. Immerse yourself in the drama of Manhattan's elite with a soundtrack that pulsates with No Doubt, Placebo, *NSYNC, and TLC hits.

Doncaster Playhouse 678 Doncaster Road, Doncaster

- \$ \$35
- trybooking.com/events/ landing/1147996

Live an inspired life in 2024

Our Inspired Living Series covers an exciting range of fun and sustainable activities and events for all ages.

We'll be hearing from keynote speakers across five evenings. The series will introduce you to a diverse line-up of local and international keynote speakers offering unique insights on how we can all shift to a greener future.

Topics range from permaculture to sustainable fashion. Each speaker will inspire and motivate simple, positive lifestyle choices, connection to nature and growing a thriving community in the midst dynamic change.

The program kicks off in March. Visit our Inspired Living Series page for more information.

manningham.vic.gov.au/ inspired-living-series

Thursday 14 March 7.00pm to 9.00pm **This One Wild** and Precious Life -Sarah Wilson

ENVIRONMENT



Sarah Wilson is a multi-New York Times and Amazon best-selling author. international keynote speaker and climate change advisor. Sarah's most recent title, This One Wild and Precious Life, won the 2021 US Gold Nautilus Award.

This unique and powerful presentation will challenge you to reclaim your wild, precious life and offers a radically hopeful path forward

- Manningham Function Centre, 699 Doncaster Road Doncaster
- **Ś** Free, bookings essential
- manningham.vic.gov.au/ one-wild-precious-life

Simplified Chinese/简体中文

支持老年人健康生活

您是年满 65 岁的曼宁汉姆居民吗?您在照 顾这个年龄段的人吗?我们可以为您提供支 持。

我们友好的健康养老团队可以为您联系各种 服务和活动,在日常生活上为您提供帮助, 让您保持活跃和健康。

请在周一至周五上午 8:00 至下午 5:00 致 电 9840 9230.

申请社区拨款

我们通过2024年社区拨款计划帮助非营利 团体和组织为社区安排项目和活动。该计划 现已开始接受申请。

欲了解该计划的详情,查询申请资格, 请访问 manningham.vic.gov.au/ community-grant-program

连接曼宁汉姆的健康支持

新的一年常常激励我们去精心安排未来的 好时光。节假日有时会凸显做出改变的需 要,因为在此期间,生活成本、人际关系和家 庭方面的压力往往会变大。

本地有许多服务机构可以提供咨询和支持,您可以通过我们的健康支持卡获取这些服务。该卡可在市政厅、曼宁汉姆各地的图书馆和办事处领取,也可访问 manningham.vic.gov.au/find-support 在网上领取。

Traditional Chinese/繁體中文

支持年長者健康生活

您是年滿 65 歲的曼甯漢姆居民嗎?您在照 顧這個年齡段的人嗎?我們可以為您提供支 持。

我們友好的健康養老團隊可以為您聯繫各種 服務和活動,在日常生活上為您提供幫助, 讓您保持活躍和健康。

請在週一至週五上午 8:00 至下午 5:00 間 致電 9840 9230.

申請社區撥款

我們透過「2024年社區撥款」計劃幫助非營利團體和機構為社區安排專案和活動。該計劃現已開始接受申請。

要瞭解該計劃詳情並図詢您的申請資格, 請訪問 manningham.vic.gov.au/ community-grant-program

接通曼甯漢姆的健康支持

新的一年常常激勵我們去精心安排未來的 好時光。節假日有時會凸顯做出改變的需 要,因為在此期間,生活成本、人際關係和家 庭方面的壓力往往會變大。

本地有許多服務機構可以提供諮詢和支援, 您可以透過我們的【健康支援卡】得到這些服務。該卡可在市政廳、曼寧漢姆各地的圖書館 和辦事處領取,也可訪問 manningham. vic.gov.au/find-support 在網上領取。

Italian/Italiano

Aiutiamo i nostri anziani a vivere bene

Siete residenti di Manningham e avete almeno 65 anni? Vi prendete cura di una persona in questa fascia d'età? Siamo qui per sostenervi.

Il nostro personale cordiale che si occupa dell'invecchiamento in salute può mettervi in contatto con servizi e attività che vi aiuteranno nella vita di tutti i giorni e a mantenervi attivi e in salute.

Chiamateci dalle 8:00 alle 17:00 (dal lunedì al venerdì) al numero 9840 9230.

Richiedere una sovvenzione comunitaria

Stiamo aiutando gruppi e organizzazioni non-profit a erogare programmi e attività nella nostra comunità attraverso il nostro programma di sovvenzioni comunitarie per il 2024 (2024 Community Grants program). Sono ora aperte le candidature per il programma.

Per ulteriori informazioni sul programma e per verificare la vostra idoneità, visitate il sito **manningham.** vic.gov.au/community-grantprogram.

Connettersi ai servizi di supporto al benessere di Manningham

Spesso il nuovo anno ci ispira a fare progetti concreti per il futuro. A volte la necessità di apportare cambiamenti diventa più evidente durante le festività natalizie, quando il costo della vita, le relazioni e le pressioni familiari tendono ad aumentare.

Sono disponibili numerosi servizi locali che forniscono consulenza e supporto, a cui potete accedere tramite la nostra Tessera di supporto al benessere (Wellbeing Support Card). La tessera è disponibile presso la sede comunale, le biblioteche e altre sedi di Manningham, oppure online all'indirizzo **manningham.vic. gov.au/find-support**.

Greek/Ελληνικά

Υποστηρίζοντας τους ηλικιωμένους μας να ζουν καλά

Είστε κάτοικος του Manningham ηλικίας 65 ετών και άνω; Φροντίζετε κάποιον σε αυτή την ομάδα ηλικίας; Είμαστε εδώ για να σας υποστηρίξουμε.

Η φιλική ομάδα μας για την Υγιή Γήρανση (Healthy Ageing) μπορεί να σας φέρει σε επαφή με υπηρεσίες και δραστηριότητες για να σας βοηθήσουν με την καθημερινή σας ζωή και για να μείνετε ενεργοί και υγιείς.

Καλέστε μας από τις 8.00 π.μ. έως τις 5.00 μ.μ. (Δευτέρα έως Παρασκευή) στο 9840 9230.

Κάνετε αίτηση για Κοινοτική Επιχορήγηση

Βοηθάμε ομάδες και οργανισμούς μη κερδοσκοπικού χαρακτήρα να προσφέρουν προγράμματα και δραστηριότητες στην κοινότητά μας μέσω του προγράμματός μας "Κοινοτικές Επιχορηγήσεις 2024" [2024 Community Grants]. Το πρόγραμμα είναι τώρα ανοικτό για αιτήσεις.

Για περισσότερες πληροφορίες σχετικά με το πρόγραμμα για να επιβεβαιώσετε την επιλεξιμότητά σας, επισκεφθείτε τη διεύθυνση manningham.vic.gov.au/ community-grant-program.

Πώς να έρθετε σε επαφή με την υποστήριξη ευεξίας στο Manningham

Το νέο έτος συχνά μας εμπνέει να σχεδιάσουμε θετικά πράγματα για το μέλλον. Μερικές φορές, η ανάγκη για αλλαγή γίνεται πιο έντονη κατά την περίοδο των διακοπών, όταν το κόστος διαβίωσης αλλά και η πίεση σχετικά με τις σχέσεις και την οικογένεια τείνουν να αυξάνονται.

Υπάρχουν πολλές τοπικές υπηρεσίες για την παροχή συμβουλών και υποστήριξης και μπορείτε να έχετε πρόσβαση σε αυτές μέσω της Κάρτας Υποστήριξης Ευεξίας [Wellbeing Support Card]. Η κάρτα διατίθεται στον Δήμο, στις βιβλιοθήκες και σε τοποθεσίες σε όλο το Manningham ή διαδικτυακά στη διεύθυνση

manningham.vic.gov.au/find-support.

YOUR COUNCILLORS



Cr Carli Lange YARRA WARD Mavor

🗷 carli.lange@ manningham.vic.gov.au **Q** 0433 256 840

Cr Laura Mayne SCHRAMM WARD Deputy Mayor





0447 981 010





Cr Andrew Conlon CURRAWONG WARD



Cr Deirdre Diamante **TULLAMORE WARD**

🕖 deirdre.diamante@ manningham.vic.gov.au

0413 584 047



Cr Geoff Gough **BOLIN WARD**

🖉 geoffrey.gough@ manningham.vic.gov.au

0412 345 081



Cr Tomas Lightbody MANNA WARD 🖉 tomas.lightbody@ manningham.vic.gov.au **Q** 0437 829 635



Cr Michelle Kleinert WESTERFOLDS WARD 🖉 michelle.kleinert@

manningham.vic.gov.au <u>0400 902 822</u>

Cr Stephen Mayne **RUFFEY WARD**

 stephen.mayne@ manningham.vic.gov.au 0412 106 241

Arabic/عربی

دعم المسنين بيننا على العيش الكريم

هل أنت من سكان مانينغهام وبلغت من السن 65 عاما أو تعديتها؟ هل تعتنى بشخص ما في هذه الفئة العمرية؟ نحن هنا لندعمكم

يمكن لفريقنا المتخصص في الشيخوخة الصحية أن يربطكم بالخدمات والأنشطة التي تساعدكم في مهام الحياة اليومية وفى الحفاظ على نشاطكم وصحتكم.

اتصلوا بنا من الساعة 8:00 صباحًا حتى 5:00 مساءً (من الاثنين إلى الجمعة) على الرقم 9230 9840.

التقدم بطلب للحصول على منحة مجتمعية

نحن نساعد المجموعات والمنظمات غير الهادفة للربح على تقديم البرامج والأنشطة لمجتمعنا المحلي من خلال برنامج المنح المجتمعية لعام 2024. باب تلقى الطلبات للبرنامج مفتوح الآن.

لمزيد من المعلومات حول البرنامج وللتحقق من أهليتكم، اطلعوا على الموقع

manningham.vic.gov.au/communitygrant-program

الربط بمقدمي دعم الرفاه في مانينغهام

غالبًا ما يلهمنا حلول عام جديد أن نخطط للأوقات الجيدة المقبلة. في بعض الأحيان، تتضبح الحاجة إلى إجراء التغيير ات أكثر خلال موسم العُطل حين تزداد تكاليف المعيشة وضنغوط العلاقات العائلية.

هناك العديد من الخدمات المحلية المتاحة لتقديم المشورة والدعم ويمكنكم الحصول عليها عبر بطاقة دعم الرفاه الصادرة منا. البطاقة متاحة من مجلس البلدية والمكتبات والمواقع في جميع أنحاء مانينغهام، وأيضا عبر الإنترنت على الموقع:

manningham.vic.gov.au/find-support

فارسى/(Persian (Farsi)

یشتیبانی از سالمندان برای زندگی بهتر

آیا شما 65 سال سن یا بیشتر دارید و ساکن Manningham هستيد؟ آيا از كسى در اين گروه سنى مراقبت می کنید؟ ما برای پشتیبانی از شما اینجا هستیم.

تیم سالمندی همراه با سلامت (Healthy Ageing) ما مىتواند شما را به خدمات و فعاليت هايى وصل كند تا به شما در امور روزمره کمک کرده و شما را فعال و سلامت نگه دارند.

مي توانيد از ساعت 8.00 صبح تا 5.00 بعدازظهر (دوشنبه تا جمعه) با شماره 9230 9840 با ما تماس بگیرید.

درخواست كمك هزينه محلى بدهيد

ما از طريق برنامه كمك هزينه محلى 2024 خود ، به گروهها و سازمانهای غیرانتفاعی برای ارائه برنامهها و فعالیتها در محله مربوطه خود کمک میکنیم. این برنامه اكنون براى دريافت درخواستها فعال است.

برای اطلاعات بیشتر درباره این برنامه و

بررسى وضعيت احراز شرايط خود ازتارنماى manningham.vic.gov.au/communitygrant-program بازدید کنید

برقراری ارتباط با برنامه یشتیبانی از سلامت در Manningham

سال جدید اغلب الهامبخش ما در برنامهریزی برای زمان مثبت آینده است. گاهی، نیاز به تغییر در فصل تعطیلات بیشتر خود را نشان می دهد که معمولا در این زمان هزینه های زندگی و روابط و فشار های خانوادگی بیشتر می شو د

خدمات محلی زیادی جهت ار ایه مشاوره و پشتیبانی از شما در دسترس هستند و شما میتوانید از طریق کارت يشتيبانى تندرستى (Wellbeing Support Card) ما به آنها دسترسى پيدا كنيد. اين كارت از طريق شورا، كتابخانه و مكان هايي درسر اسر Manningham يا به صورت آنلاین در /manningham.vic.gov.au find-support قابل دسترس است

要用您偏好的语言与人交谈,请致电 9840 9355。将有人为来电者和市政厅的对话 直接进行翻译。

要用您偏好的语言与人交谈,请致电 9840 9355。将有人为来电者和市政厅的对话 直接进行翻译。

Per parlare con qualcuno nella lingua che preferisci, chiama il 9840 9355. Il numero fornirà un servizio di traduzione diretto tra il chiamante e il Consiglio.

Για να μιλήσετε με κάποιον στη γλώσσα που προτιμάτε, παρακαλούμε καλέστε στο 9840 9355. Θα ενεργούν ως άμεσος μεταφραστής μεταξύ του καλούντος και του Συμβουλίου.

للتحدث مع شخص ما بلغتك المفضلة، يرجى الاتصال على 9840 9355. سيعملون كمترجم مباشر بين المتصل و المجلس.

براي صحبت با شخصي به زبان دلخواه خود، لطفاً با 9840 9355 تماس بگيريد. أنها به عنوان يک مترجم مستقيم بين تماس گيرنده و شور اعمل خواهند کرد.



Interpreter service 9840 9355 普通话 廣東話 Ελληνικά Italiano العربية فارسى







It's time to deposit your containers

Congratulations Manningham! In just 11 days, over 80,900 containers were collected at our first reverse vending machine at Rieschiecks Reserve. This is helping to reduce litter and support community fundraising.

Drink bottles, cartons and cans can be returned for a 10-cent refund. You can even donate your refund directly to a range of community groups across Manningham who have signed up to be donation partners.

The Container Deposit Scheme (CDS Vic) is designed to increase recycling and reduce litter, while delivering economic benefits to the community.

The reverse vending machines are automated, purpose-built and can hold up to 10,000 eligible containers each day. They are open from 7.00am to 8.00pm daily and include acoustic panels for sound proofing and lighting for safety and security.

Lucas was so keen to give the machine a go, he was first in line! He came to the opening with his dad, Yukun, to be our very first user and had been saving up his bottles. He says he found the machine easy to use and was so excited to show everyone how it was done.

Currently, Reverse Vending Machine locations in Manningham are:

- Rieschiecks Reserve, Doncaster East
- Templestowe Reserve, Templestowe
- Mullum Mullum Reserve, Donvale
- Pettys Reserve, Templestowe
- Ted Ajani Reserve, Templestowe Lower

Learn which containers are eligible, locations and how to get involved as a donation partner

manningham.vic.gov.au/container-deposit-scheme

COUNCIL MEETINGS

Tuesday 27 February, 7.00pm Tuesday 26 March, 7.00pm Tuesday 23 April, 7.00pm

- Council Chamber Manningham Civic Centre
- manningham.vic.gov.au/ council-meetings

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- instagram/@CityofManningham
- 🖉 manningham.vic.gov.au



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CONTACT US

🚯 IN PERSON

Manningham Civic Centre 699 Doncaster Road Doncaster, Victoria 3108

POSTAL ADDRESS

Manningham City Council PO Box 1, Doncaster, Victoria 3108

Office hours Monday to Friday 8.00am to 5.00pm Closed public holidays.

- 🔇 03 9840 9333 📵 03 9848 3110
- manningham@manningham.vic.gov.au

URGENT

For any urgent matters, please call our after hours service on 9840 9333. In an emergency, dial 000.

MANNINGHAM MATTERS

If you have an upcoming community event or activity in Manningham or feedback about *Manningham Matters*, get in touch.

manningham.vic.gov.au/ submit-a-story



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Scan the QR code to find information on wellbeing support services.

manningham.vic.gov.au/ find-support

